

Softball University 2012

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| <u>What You'll Get:</u> | worksheet |
| • Physical Training with the Parisi Speed School | • DK Training T-Shirt |
| • Plenty of Swings, throws and ground balls | • Video swing analysis |
| • Personal goals | • 8 Mondays beginning Jan 23, 7:30-9pm |
| | • \$149 |

Mon Nights 7:30 to 9

Jan 23 to Mar 12

For Middle and HS age players

One of our favorite programs for the middle and high school age player in preparation for the spring season. We incorporate the advantages of learning advanced techniques top pro instructors and training with the Parisi Speed School.

Live Hitting—Infield Play—Outfield Play—Run Downs—Situations—Cuts & Relays—Mental Skills

WARNING!

Softball U focuses on development for the serious player in preparation for the spring season. This program incorporates the advantages of training while learning advanced techniques from the areas top professional players, coaches, and instructors. If you want to be challenged, then this is the choice to get ready for the upcoming season.

90 minute DK training sessions with Parisi Speed School training each session.

Get every aspect of your game ready for the season in jam packed sessions with Parisi and Softball University.

Private Lessons

1 Lesson

Apr 16 -Jan 14 (Off-Peak Season) \$75 hr / \$40 half hr
Jan 15- April 15 (Peak Season) \$85 hr / \$45 half hr

10 Lesson Pack

Apr 16 -Jan 14 (Off-Peak Season) \$340
Jan 15- April 15 (Peak Season) \$395

25 Lesson Pack

\$825

50 Lesson Pack

\$1550

Purchase lessons in off-peak season and you can use them any time of year.

The DK Staff of professional instructors are all current or former collegiate baseball and softball coaches and most have played professionally in the United States or overseas.

Batting Cage Rental Fees

Batting Cage

Apr 16 -Jan 14 (Off-Peak Season) \$40 hr / \$20 half hr
Jan 15- April 15 (Peak Season) \$50 hr / \$25 half hr

Pitching Lane

Apr 16 -Jan 14 (Off-Peak Season) \$20 hr / \$12 half hour
Jan 15- April 15 (Peak Season) \$30 hr / \$15 half hour

DK Hitters Pack

buy and use any time of year by appointment

5 thirty min rentals \$95 10 thirty min rentals \$180

More importantly, they all share in the belief that an exceptional work ethic and a positive attitude, coupled with the highest level of professional instruction facilitate self confidence in each player's on-field and off-field abilities.